|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week 1: | Morning Tea | Lunch | Afternoon Tea | Late Snack |
| Monday | Fresh Fruit  &  Cereal | Provide own lunch | Fresh Fruit  &  Yoghurt | Fresh Fruit |
| Tuesday | Fresh Fruit  &  Sandwiches | Provide own lunch | Fresh Fruit  &  Sausage Rolls | Fresh Fruit |
| Wednesday | Fresh Fruit  &  Cereal | Provide own lunch | Fresh Fruit  &  Vege Noodles | Fresh Fruit |
| Thursday | Fresh Fruit  &  Sandwiches | Provide own lunch | Fresh Fruit  &  Variety Platter A | Fresh Fruit |
| Friday | Fresh Fruit  &  Cereal | Provide own lunch | Fresh Fruit  &  Mixed Berry Yoghurt Cake | Fresh Fruit |

Lil’Antz Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week 2: | Morning Tea | Lunch | Afternoon Tea | Late Snack |
| Monday | Fresh Fruit  &  Mixed Fruit Muffin | Provide own lunch | Fresh Fruit  &  Cheese Sandwiches | Fresh Fruit |
| Tuesday | Fresh Fruit  &  Cheese & Crackers | Provide own lunch | Fresh Fruit  &  Variety Platter B | Fresh Fruit |
| Wednesday | Fresh Fruit  &  Mixed Fruit Muffin | Provide own lunch | Fresh Fruit  &  Flavoured Corn Thins | Fresh Fruit |
| Thursday | Fresh Fruit  &  Cheese & Crackers | Provide own lunch | Fresh Fruit  &  Sweet or Savory Scones | Fresh Fruit |
| Friday | Fresh Fruit  &  Mixed Fruit Muffin | Provide own lunch | Fresh Fruit  &  Carrot Cake | Fresh Fruit |

When writing our menu Children’s likes & dislikes, season and

A picture containing oranges, orange, citrus, sliced

Description automatically generatedproduce availability are taken into consideration.

Lil’Antz discusses the menu with NT Urban Nutritionist to ensure

the Children’s nutritional needs are met.

Lil’Antz Menu 

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week 3: | Morning Tea | Lunch | Afternoon Tea | Late Snack |
| Monday | Fresh Fruit  &  Sandwiches | Provide own lunch | Fresh Fruit  &  Sausage Rolls | Fresh Fruit |
| Tuesday | Fresh Fruit  &  Cereal | Provide own lunch | Fresh Fruit  &  Variety Platter A | Fresh Fruit |
| Wednesday | Fresh Fruit  &  Sandwiches | Provide own lunch | Fresh Fruit  &  Quiche | Fresh Fruit |
| Thursday | Fresh Fruit  &  Cereal | Provide own lunch | Fresh Fruit  &  Yoghurt | Fresh Fruit |
| Friday | Fresh Fruit  &  Sandwiches | Provide own lunch | Fresh Fruit  &  Banana Bread | Fresh Fruit |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week 4: | Morning Tea | Lunch | Afternoon Tea | Late Snack |
| Monday | Fresh Fruit  &  Mixed Fruit Muffins | Provide own lunch | Fresh Fruit  &  Cheese Sandwiches | Fresh Fruit |
| Tuesday | Fresh Fruit  &  Cheese & Crackers | Provide own lunch | Fresh Fruit  &  Custard | Fresh Fruit |
| Wednesday | Fresh Fruit  &  Mixed Fruit Muffins | Provide own lunch | Fresh Fruit  &  Variety Platter B | Fresh Fruit |
| Thursday | Fresh Fruit  &  Cheese & Crackers | Provide own lunch | Fresh Fruit  &  Sweet or Savory Scones | Fresh Fruit |
| Friday | Fresh Fruit  &  Mixed Fruit Muffins | Provide own lunch | Fresh Fruit  &  BBQ Chicken & Pizza Pinwheels | Fresh Fruit |



When writing our menu Children’s likes & dislikes, season and

produce availability are taken into consideration.

Lil’Antz discusses the menu with NT Urban Nutritionist to ensure

the Children’s nutritional needs are met.