



Week 1:	Morning Tea	Lunch	Afternoon Tea	Late Snack
Monday	Fresh Fruit & Cereal	Provide own lunch	Fresh Fruit & Kabana/Jatz/Cheese	Fresh Fruit
Tuesday	Fresh Fruit & Sandwiches	Provide own lunch	Fresh Fruit & Variety Platter	Fresh Fruit
Wednesday	Fresh Fruit & Cereal	Provide own lunch	Fresh Fruit & Macaroni & Cheese	Fresh Fruit
Thursday	Fresh Fruit & Sandwiches	Provide own lunch	Fresh Fruit & Sausage Rolls	Fresh Fruit
Friday	Fresh Fruit & Cereal	Provide own lunch	Fresh Fruit & Flavored Corn Thins	Fresh Fruit

Week 2:	Morning Tea	Lunch	Afternoon Tea	Late Snack
Monday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Fruit Crumble	Fresh Fruit
Tuesday	Fresh Fruit & Cheese & Crackers	Provide own lunch	Fresh Fruit & Jelly Cups	Fresh Fruit
Wednesday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Yoghurt	Fresh Fruit
Thursday	Fresh Fruit & Cheese & Crackers	Provide own lunch	Fresh Fruit & Noodles	Fresh Fruit
Friday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Carrot Cake	Fresh Fruit

When writing the menu Children's likes & dislikes are taken into consideration.  
 We evaluate our menus on a daily basis to obtain this information.

Lil'Antz discusses the menu with NT Urban Nutritionist to ensure the children are being provided with appropriate foods.





Week 3:	Morning Tea	Lunch	Afternoon Tea	Late Snack
Monday	Fresh Fruit & Sandwiches	Provide own lunch	Fresh Fruit & Rice Cream	Fresh Fruit
Tuesday	Fresh Fruit & Cereal	Provide own lunch	Fresh Fruit & Variety Platter	Fresh Fruit
Wednesday	Fresh Fruit & Sandwiches	Provide own lunch	Fresh Fruit & Zucchini Slice	Fresh Fruit
Thursday	Fresh Fruit & Cereal	Provide own lunch	Fresh Fruit & Custard	Fresh Fruit
Friday	Fresh Fruit & Sandwiches	Provide own lunch	Fresh Fruit & Banana Bread	Fresh Fruit

Week 4:	Morning Tea	Lunch	Afternoon Tea	Late Snack
Monday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Yoghurt	Fresh Fruit
Tuesday	Fresh Fruit & Cheese & Crackers	Provide own lunch	Fresh Fruit & Fruit Crumble	Fresh Fruit
Wednesday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Pizza Roll Ups	Fresh Fruit
Thursday	Fresh Fruit & Cheese & Crackers	Provide own lunch	Fresh Fruit & Noodles	Fresh Fruit
Friday	Fresh Fruit & Raisin Bread	Provide own lunch	Fresh Fruit & Fruit Muffins	Fresh Fruit

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